



# YASS RIVER-NANIMA BUSH FIRE BRIGADE

## PERSONAL EQUIPMENT LISTS

This guide contains three lists to help you prepare your equipment for:

- a short call out up to six hours,
- a longer call out from six to 12 hours, and
- a strike team deployment for up to five days.

### LIST 1 - FIRE CREW EQUIPMENT FOR CALL OUT UP TO SIX HOURS

The following list contains mandatory and optional equipment to be taken to the fire ground for call out up to six hours

#### Mandatory Equipment

- Helmet
- Goggles
- Yellow jacket
- Yellow pants
- Fire boots
- Overrun hood
- Fire gloves
- P2 dust mask/smoke mask x 2
- Personal (prescription) medication

#### Optional Equipment

- Snacks (energy bars etc)
- Torch
- Sunglasses
- Pocket book and pen
- NSW RFS Pocket Book (also available on smart phones)
- Multi tool/knife
- Rigger gloves
- First aid gloves
- Ear plugs
- Sunscreen
- Matches or flint
- Small roll of flagging tape
- Toilet paper
- Wet ones
- Sanitary items

## LIST 2 - FIRE CREW EQUIPMENT FOR CALL OUT FROM SIX TO 12 HOURS (GRAB BAG)

In addition to the items including in List One, a grab bag contains personal **optional** items and is carried on fire calls that last between six to 12, including night shifts.

Your grab bag can also be used when undertaking duties away from the vehicle, such as constructing a fire line by hand, an extended hose lay etc. It can contain task specific items if required (hose, drinking water etc.)

Having a well-thought-out grab bag ready to go also assists in ticking off a number of potential items for your deployment gear bag (List 3 below).

- Hand sanitiser
- Sunscreen
- Lip balm
- Wet ones
- Head torch
- Spare torch batteries for torch
- Electronic chargers
- Multi-tool/pocket knife
- Small roll of duct tape
- Zip ties
- Matches
- Flint
- Pen and notebook
- Sun hat
- Warm shirt
- Jumper
- Spare socks
- Beanie
- Rain jacket
- 48 hours of medication
- External Phone Aerial
- Snacks
- Toiletries
- Camera
- Light Sleeping Bag for Night Shifts
- Small First Aid Kit

### LIST 3 - STRIKE TEAM DEPLOYMENT BAG (5 DAYS)

Deployments normally last between 4 to 5 days. Remember to pack according to the travel requirements to and from deployment and the space available for gear. If you're deploying by air, make sure to dump all items that are not approved to be carried on planes and adhere to weight limits. If you are deploying with trucks and supporting group vehicles, there may be an opportunity to carry more gear.

You should only pack what you will need over the period of deployment. If you pre-pack a deployment bag, make sure to review the gear in it prior to each deployment. For example, in most cases, you will not need a cold weather fire jacket while deployed to the North Coast of NSW, but it will be needed if deploying to the Snowy Mountains where it can snow and frosts occur in the middle of summer.

- Items on List 1
- Items on List 2
- Yellow pants PPC spare
- Yellow jacket PPC spare
- Yellow shirt / Drill shirt x 3 (if you can get three)
- T-shirt for under yellows x 2 (add more if you don't have drills)
- Cold weather fire jacket
- Casual shirts x 2
- Jumper / warm jacket
- Casual long pants x 2
- Shorts x 1
- Socks x 6
- Underwear x 6
- Sunglasses
- Toiletries (soap, deodorant and tooth brush as a minimum)
- Hand towel
- Thongs
- Shoes (for dinner and around the accommodation instead of dirty boots).
- Swimmers
- Sleeping gear (Depending on where you will stay, a pillow and sleeping bag might make you base camp experience more comfortable).
- Prescription medication for 5 nights (optional)
- Cash (\$50 optional, because Master Card is not accepted everywhere)